



IV Therapy Intake Form

Today's Date _____ How Did You Hear About Us? _____

First Name _____ Last Name _____

Date of Birth _____ Age _____ Gender _____

Address _____

City _____ State _____ Zip Code _____

Phone (Home/ Cell) _____ Email _____

Best way to contact: phone (home / cell), text, email

Emergency Contact Name _____ Relationship _____

Emergency Contact Phone _____ Ok to share information: Yes/ No

What Are Your Goals with Nutritional IV Therapy?

1. _____

2. _____

General Health

Are you currently seeing a physician for any reason? If yes, explain: Yes. / No

Do you have any health problems? If yes, please explain: Yes / No

Have you ever had surgery? If yes please explain surgery and approximate year: Yes/ No

Does anything run in the family that is of concern to you? If yes, please explain: Yes / No

Do you have any allergies or sensitivities? If yes, please list and explain reaction: Yes / No

Have you had any significant exposure to toxins/chemicals/radioactivity? Yes / No

Do you smoke? Yes / No If yes, how much/ often?_____

Do you consume alcohol? Yes / No If yes, what kind?/ how often?_____

Do you have a healthy Diet? Yes / No Any dietary concerns_____

Do you exercise? Yes / No What type? How often?_____

Do you take vitamins? Yes / No if yes, what kind? _____

Do you drink water? Yes / No If yes, how many glasses a day?_____

Are you pregnant, planning to be pregnant, or nursing? Yes / No / NA

Anything else you feel is important about your health?_____

Current Medications / Supplements (dosages, frequency, indication):

Have you ever had IV or injectable vitamin therapy? Yes / No If yes, when?_____

Have you ever had prolonged or regular use of NSAIDs (Advil, Aleve, Motrin, Aspirin)? Yes / No

Have you ever had prolonged or regular use of Tylenol? Yes / No

Any significant Laboratory or Imaging studies that have suggested disease? Yes / No

Explain _____

Acknowledgements And Consent

To set clear expectations, improve communications, and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

_____ I instruct the health care practitioner to deliver the care that, in his or her professional judgement, can best help me in the restoration of my health. I also understand the the health care offered in this practice is based on the best available evidence and is not proven to cure disease.

_____ I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

_____ I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

_____ I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

_____ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.

Risks and Side Effects

The procedure involves inserting a needle into the vein and keeping an IV catheter in the vein during the entirety of the infusion. The vitamin/mineral solution is infused into the body over a prescribed amount of time. Staff will monitor your vital signs, the injection site, and for any signs or symptoms of reaction.

_____ Some side effects of an infusion are:

- Discomfort, pain, or bruising at the injection site.
- Inflammation of the vein used for injection, metabolic disturbances, and injury.
- In extremely rare cases: severe reaction, anaphylaxis, cardiac arrest, or death.

Benefits to intravenous therapy:

- Injections are not affected by the stomach or intestinal absorption issues.
- Nutrients are more bioavailable to tissues and organs than other routes of administration.

Alternatives to intravenous nutrition infusion:

- Oral supplements.
- Lifestyle/ diet modifications.

By signing below I confirm that I have read and understand the risks and benefits of the procedure, and the medical providers have answered all my questions to my satisfaction. I authorize and consent to the procedure as agreed upon with the medical provider.

Patient Signature: _____

Date: _____